

Curriculum Vitae

- 1. FAMILY NAME:** Uchtenhagen
2. FIRST NAMES: Ambros
3. DATE OF BIRTH: 23. August 1928
4. NATIONALITY: Swiss
5. MARITAL STATUS: Married

6. EDUCATION:

Institution Date	Degrees or Diplomas obtained
Zurich Medical School 1959	M.D.
Zurich University 1956	Ph.D.
Swiss Psychiatric Association 1963	Specialist in Psychiatry and Psychotherapy

7. LANGUAGES SKILLS: (1 excellent; 5-basic)

<i>Language</i>	<i>Reading</i>	<i>Speaking</i>	<i>Writing</i>
German	1	1	1
English	1	1	1
French	1	2	2
Italian	3	3	3

8. MEMBERSHIP OF PROFESSIONAL BODIES:

- 1992- Member of the WHO Expert Panel and Drugs and Alcohol
1963- Member of the Swiss Psychiatric Association
1974- Member of the Swiss Society for Social Psychiatry (founder and past president, honorary member)
1985- Member of the Association of Addiction Research (co-founder, past board member)
1996-2008 Member of the Swiss National Expert Committee on continued education and training in addictions
1994-2007 Co-editor-in-chief of the Journal "European Addiction Research" (Karger Publishers, Basel)
1980-1995 Chair of the Cantonal Commission on Drugs in Zurich

- 9. OTHER FUNCTION:** Founder and past director of the Research Institute for Public Health and Addiction, a WHO Collaborating Centre

10. PRESENT POSITION: President of the Board, Research Foundation for Public Health and Addiction, affiliated with Zurich University

11. YEARS WITH THE FIRM: 14

12. KEY QUALIFICATIONS: clinical psychiatrist and psychotherapist, teaching, service evaluation research

13. SPECIFIC FIELD EXPERIENCE and EXPERT ACTIVITIES (selected WHO projects):

Activity, Country	Year
Epidemiological field study and treatment proposals for opium dependence in Badakhshan, Afghanistan (report)	1974
Review of prevention and treatment for drug dependence in Pakistan (field visits, report)	1981
Assessment and treatment proposals for heroin dependence in Kaboul, Afghanistan (field visit, report)	1984
Epidemiology and adverse health consequences of Cocaine (Bogotá, Colombia)	1984
Prevention and management of drug dependence through primary health care (Lagos, Nigeria)	1985
Evaluation of drug abuse control policy (Bangkok, Thailand)	1986
Abuse of volatile solvents and inhalants (Mexico city)	1986
Treatment response to drug abuse in Europe	1988-89
Compulsory treatment in substance dependence (Moscow)	1999
Drugs and Aids prevention in prison (Athens, Greece)	1999
Review of prevention and treatment services in Romania (field visits, report)	2001
Substitution treatment in Central and Eastern Europe (Workshop with country representatives, Ljubljana)	2001
Drug prevention and treatment program in Iran (Assistance to Ministry of Health and Medical Education)	2004
Development of HIV/Aids Treatment and Care Protocols for Injecting Drug Users (WHO / EMCDDA; Technical consultation)	2005
Prevention of juvenile crime in Ukraine (Swiss Foreign Ministry; field visit, consultancy)	2007
Reintegration of opiate addicts in Georgia (Federal Office of Migration; consultancy)	2008
Opioid substitution treatment in Lebanon (WHO EMRO; Policy document, clinical Guidelines)	2009
Training seminar for drug policy makers and managers (Group Pompidou; concept, programme committee)	2009-2010
Treatment for drug-addicted offenders in Estonia (Federal Department of Foreign Affairs; consultancy)	2010-2012

14. PROFESSIONAL EXPERIENCE RECORD:

Psychiatry	1959-1963 Assistant at Psychiatric University Hospital Zurich 1963-1970 Assistant Medical Director at Psychiatric University Hospital Zurich 1970-1995 Founder and Director of socio-psychiatric services at Psychiatric University Hospital Zurich 1976-1995 Full Professor of Social Psychiatry, Zurich University
Psychotherapy	1956-1963 Training at Psychoanalytic Seminar in Zurich, practice at Psychiatric University Hospital Zurich 1963-1965 Training in Group Psychotherapy with Dr. Raoul Schindler, Vienna, practice at Psychiatric University Hospital Zurich
Addiction Research	1973-1995 Founder and Head of Addiction Research Unit at Psychiatric University Hospital

	1995-2000 Founder and director of Research Institute for Public Health and Addiction, affiliated with Zurich University
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15. MAIN RESEARCH PROJECTS (selection):

1989-1995	Chair, COST A-6 project „Evaluation of action against drug abuse in Europe“ (17 countries participation of EU commission, WHO, UNDCP, Group Pompidou, EMCDDA; publications)
1999-2000	Chair, Council of Europe project „Vocational rehabilitation for drug users in Europe“ (16 countries, publication)
1999-2001	Chair, WHO and EU project „Adequacy in Drug Abuse treatment and care“ : ethical, professional and economic aspects“ (11 countries). Report, guidelines and checklists on WHO homepage Copenhagen
2001-2007	Coordinator for Central and Eastern Europe of the project „WHO Collaborative Study on Substitution Therapy of Opioid Dependence and HIV/AIDS“
2002-2006	Quasi-compulsory treatment in Europe, a prospective comparative cohort study (responsible for quantitative evaluation, EU project)
2003-2008	Monitoring and evaluation of TREATNET project (UNODC; PI for process & outcome evaluation)
2005-2008	Feasibility and evaluation of opiate substitution treatment in the Ukraine (Principal Investigator, WHO project)
2006-	Substance Abuse Instrument for Mapping Services SAIMS (WHO; temporary advisor)
2009-2014	Access to Opiate Medication in Europe ATOME (FP7 HEALTH, 12 countries; member of the academic advisory board)
2009-2014	National Addiction Monitor (Federal Office Public Health; partner in the research consortium)
2010-2011	Development of an EU framework for minimum quality standards and benchmarks in drug demand reduction (DG Justice, Liberty and Security)

Honors

2000	Norman E. Zinberg Award for Achievement in the Field of Medicine
2003	International Rolleston Award, International Harm Reduction Association IHRA
2005	Lifetime Achievement Award, International Council on Alcohol and Addictions ICAA
2009	Paolo Picchio Award, European Opiate Addiction Treatment Association EUROPAD

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Selected Publications Prof. Ambros Uchtenhagen 2001-2011 (no abstracts)

Scientific Journals

accepted for publication

Uchtenhagen A (accepted for publication). How to measure outcome in clinical trials of substance abuse treatment. *Addiction*

Uchtenhagen A (accepted for publication). Good practice and scientific aspects of methadone maintenance treatment. *Chinese Journal of Drug Dependence*

Uchtenhagen A (accepted for publication). Einfluss der Schweizer Suchtpolitik im Ausland. *Suchtmagazin*

published

Uchtenhagen A (2011). New and persistent problems with DSM-V. Commentary to O'Brien: Addiction and dependence in DSM-V. *Addiction* 106:888-889

Uchtenhagen A (2011). Was leistet Suchtforschung für die Praxis – und was nicht ? *Wiener Zeitschrift für Suchtforschung*

Uchtenhagen A (2011). The role of coalitions in drug policy. Some theoretical and observational considerations. Editorial *Addicciones* 23 (2):339-343

Uchtenhagen A (2011). Heroin maintenance treatment. From idea to research to practice. *Drug Alcohol Review* 30:130-137

Uchtenhagen A (2010). Ethical perspectives in caring for people living with addictions: The European experience. *International Review Psychiatry* 22:274-280

Uchtenhagen A (2010). Che cosa significa "good practice" nel lavoro con le dipendenze. *Rivista Itaca* 13:12-22

Uchtenhagen A (2009). Heroin-assisted treatment in Switzerland: a case study in policy change. *Addiction* 105:29-37

Uchtenhagen A (2009). Abstinenz als gesellschaftlicher und therapeutischer Leitgedanke. *Suchttherapie* 10:75-80

Uchtenhagen A, Stamm R, Huber J, Vuille R (2008). A review of systems for continued education and training in the substance abuse field. *Substance Abuse* 29:95-102

Uchtenhagen A (2008). Which future for Social Psychiatry ? *International Review Psychiatry* 20:1-5

Uchtenhagen A (2008). Was meint „good practice“ in der Suchtarbeit ? *Suchttherapie* 9:1-6

Uchtenhagen A (2008). Bedeutung der Ergebnisse heroingestützter Behandlung für das Drogenhilfesystem. *Sucht* 54:44-45

Uchtenhagen A, Stevens A, Berto D et al. (2008). Evaluation of therapeutic alternatives to imprisonment for drug dependent offenders. Experience from a comparative multi-country European study. *Heroin Addiction and Related Clinical Problems* 10:5-10

Lawrinson P, Ali R, Uchtenhagen A et al (2008). Key findings from WHO Collaborative Study on Substitution Therapy of Opioid Dependence and HIV/AIDS. *Addiction* 103:1484-1492

Stevens A, Berto D, Frick U, Kerschl V, McSweeney T, Schaaf S, Tartari M, Turnbull P, Trinkl B, Uchtenhagen A, et al. (2007). The victimisation of dependent drug users: Findings from a European study. *European Journal of Criminology* 4:385-408

Krausz M, Uchtenhagen A (2007). Heroingestützte Behandlung in Europa – Forschungsstand und Perspektiven. *Suchttherapie* 8:2-11

Uchtenhagen A (2007). Valutare l'intervento: tra presente e futuro. *Rivista Itaca* 1:40-43

Uchtenhagen A (2006). Legal opium production in Afghanistan – worth taken seriously. *Nordic Studies Alcohol Drugs* 23:147-148

Uchtenhagen A (2006). Kommentar zu Madlung „Therapie der Opioidabhängigkeit. Die Abstinenz ist zum Hindernis in der Suchttherapie geworden.“ *Zeitschrift für Psychiatrie und Psychotherapie* 3:104-105

Uchtenhagen, A. (2005). Comment to Fischer, B., Rehm, J., Kim, G., Kirst M. (2005). Eyes Wide Shut? A Conceptual and Empirical Critique of Methadone Maintenance Treatment (MMT). *European Addiction Research*, 11:10-12

Uchtenhagen, A. (2005). Risiko- und Schadensminimierung – wie wirksam sind sie ? *Suchttherapie* 6:52-59

Stevens A, Berto D, Heckmann W, Kerschl V, Oeuvray K, van Ooyen M, Uchtenhagen A et al. (2005). Quasi-Compulsory Treatment Of Drug Dependent Offenders: An International Literature Review. *Substance Use & Misuse* 40:269-283.

Uchtenhagen A (2004). Substance use problems in developing countries. Editorial. *Bulletin of the World Health Organisation* 82:641

Uchtenhagen, A. & Rehm, J. (2004). Langzeitbehandlung in heroingestützter Behandlung in der Schweiz. *Abhängigkeiten*, 10:12-15.

Uchtenhagen A (2003). Substitution management in opioid dependence. In Fleischhacker WW, Brooks DJ (Eds.) *Journal Neural Transmission, supplement* 66:33-60, 2003

Gschwend, P., Eschmann, S., Güttinger, F., Hosek, M., Rehm, J., & Uchtenhagen, A. (2003). Acht Jahre Erfahrung mit der heroingestützten Behandlung in der Schweiz – aktuelle Ergebnisse und künftige Weiterentwicklung. *Therapeutische Umschau* 60:355-360.

Gschwend, P., Rehm, J., Eschmann, S., & Uchtenhagen, U. (2003). Heroingestützte Behandlung für Opioidabhängige in der Schweiz von 1994 bis 2001 – Inanspruchnahme und Charakteristik der Ein- und Austretenden. *Das Gesundheitswesen* 65 :75-80.

Güttinger, F., Gschwend, P., Schulte, B., Rehm, J. & Uchtenhagen, A. (2003). Evaluating long-term effects of heroin-assisted treatment - The results of a 6-year follow-up. *European Addiction Research* 9:73-79.

Blättler, R., Dobler-Mikola, A., Steffen, T. & Uchtenhagen, A. (2002). Decreasing intravenous cocaine use in opiate users treated with prescribed heroin. *Soz.- Präventivmed.* 47:24-32.

Fischer, B., Rehm, J., Kirst, M., Casas, M., Hall, W., Krausz, M., Metrebian, N., Reggers, J., Uchtenhagen, A., van den Brink, W., & van Ree, J.M. (2002). Heroin-assisted treatment as a response to the public health problem of opiate dependence. *European Journal of Public Health* 12:228-234.

Fischer, B., Rehm, J., Uchtenhagen, A., & Kirst, M. (2002). Compulsory Treatment – What do we know and where should we go? *European Addiction Research*, 8:52-53.

Gschwend P., Eschmann S, Güttinger F, Rey-Riek A, Rehm J, Uchtenhagen A (2002) : Konsum von Kokain vor, in und nach der Heroin gestützten Behandlung in der Schweiz. *Suchttherapie* 3: 8-12.

Gschwend P., Rehm J, Lezzi S, Blättler R, Steffen Th, Gutzwiller F, Uchtenhagen A (2002) : Development of a monitoring system for heroin assisted treatment in Switzerland. *Soz. Präventivmed.* 47: 33-38

Dombrowski, D., Uchtenhagen, A., & Rehm, J. (2001). Casino Gambling in Switzerland – The legal situation, politics and prospects for prevention and harm reduction *The Electronic Journal of Gambling Issues* (www.camh.net/egambling/issue4/policy/index.html).

2 Monographs

Uchtenhagen A, Solberg U (2007). *Guidelines for the evaluation of treatment in the field of problem drug use. A manual for researchers and professionals.* European Monitoring Centre for Drugs and Drug Addiction (published without author names)

WHO (2008). *Guidelines for the psychosocially supported pharmacological treatment of opioid dependence* (A. Uchtenhagen as Technical Expert). World Health Organisation, Geneva

Uchtenhagen A, Zieglgänsberger W (2000). *Suchtmedizin. Konzepte, Strategien und therapeutisches Management.* Urban & Fischer, München

Book chapters

Accepted for publication

Uchtenhagen A (accepted for publication). *Heroin assisted treatment in Switzerland.* In Strang J et al (Eds.) Heroin (diacetylmorphine) – assisted treatment: evidence and current practices in Europe and beyond. EMCDDA Lisbon, Insight series.

Uchtenhagen A. (accepted for publication). *A short history of opioid maintenance treatment - how a treatment was born and spread around the World*. In Encyclopedia of Criminology and Criminal Justice. Springer Publishers New York

Uchtenhagen A (accepted for publication). *Politique et pratique de réduction des risques pour toxicomanes en Europe: aspects scientifiques et éthiques*. In Eidgenössische Kommission für Drogenfragen (Ed.). Drogenpolitik als Gesellschaftspolitik.

Uchtenhagen A (accepted for publication). *Die Rolle formeller und informeller Koalitionen beim Entstehen einer neuen Drogenpolitik*. In Eidgenössische Kommission für Drogenfragen (Hrsg.) Drogenpolitik als Gesellschaftspolitik

published

Uchtenhagen A (2010). *Treatment of Substance Dependence: ethical aspects*. In Helmchen H, Sartorius N (Eds.) Ethics in Psychiatry – European contributions, pp 381-400. Springer Publishing, Amsterdam

Uchtenhagen A (2008). *Heroin-assisted treatment*. In Stevens A (Ed.) Crossing frontiers. International Developments in the Treatment of Drug Dependence (pp. 53-82). Pavilion Publishing, Brighton

Uchtenhagen A (2008). *Evaluation im Gesundheitswesen*. In Widmer T, Beywl W, Fabian C (Eds.) Evaluation im deutschsprachigen Raum (pp 341-352).

Uchtenhagen A (2007). *Utopische Elemente in den Wissenschaften von der Psyche*. In Sitter-Liver B (Ed.) Utopie heute II. Zur aktuellen Bedeutung, Funktion und Kritik des utopischen Denkens und Vorstellens (pp.155-188) Academic Press, Fribourg

Uchtenhagen A (2007). *Heroingestützte Behandlung*. In Beubler E, Haltmayer H, Springer A (Eds.) Opiatabhängigkeit. Interdisziplinäre Aspekte für die Praxis, 2. Auflage (pp. 185-204). Springer Verlag, Wien

Uchtenhagen A (2006). *QCT Europe: risultati quantitativi sul trattamento quasi-obbligatorio per la tossicodipendenza in uno studio europeo multi-nazionale*. In Berto D (Ed.) I trattamenti "quasi" obbligatori per tossicodipendenti (pp.31-40). Osservatorio Regionale Carcere, Padova

Uchtenhagen A (2006). *Suchtentstehungstheorien*. In Binz H (Hrsg.) Drogenmanual, pp. 25-34. Gesundheitsdepartement Kt. Solothurn

Uchtenhagen A (2006). *Psychodynamik der Suchtmittelabhängigkeit*. In Binz H (Hrsg.) Drogenmanual, pp. 35-42. Gesundheitsdepartement Kt. Solothurn

Uchtenhagen A (2005). *Valutazione del trattamento dell'abuso di sostanze – una prospettiva Europea*. In Ugolini P (Ed) Qualità e outcome nelle tossicodipendenze. (pp 61-73). Angeli Editore Milano

Uchtenhagen, A. (2005). *Cosa abbiamo appreso dai trattamenti delle dipendenze di sostanze. Lezione inaugurale*. In Coletti, M., Rivelli, MC. Volpi, F. (Eds.) Il sistema di interventi sulle dipendenze: la cornice europea, le evidenze scientifiche e le buone pratiche (pp 17-27). Cedis, Roma

Uchtenhagen A (2005). *Entwicklung von Qualitätsstandards in der Schweiz*. In Gerlach R, Stöver H (Hrsg.) Vom Tabu zur Normalität. 20 Jahre Substitution in Deutschland. Zwischenbilanz und Aufgaben für die Zukunft (pp 343-349). Lambertus, Freiburg i.Br.

Uchtenhagen A (2005). *Gesundheits- und Krankheitskonzepte : ihre Komponenten und deren Stellenwert für Diagnostik, Therapie, Begutachtung*. In Riemer-Kafka G (Hrsg) Medizinische Gutachten (pp 9-34). Schulthess, Zürich

Gerlich M, Uchtenhagen A (2005). *Von sauberen Spritzen zur Heroinabgabe. Veränderungen im schweizerischen Drogenhilfesystem als Reaktion auf die HIV-Pandemie*. In Bundesamt für Gesundheit, Aids-Hilfe Schweiz, Schweizerisches Landesmuseum (Hrsg.) 20 Jahre Aids-Arbeit in der Schweiz (pp 120-129). Verlag für Kultur und Geschichte, Baden

Uchtenhagen A (2004). *Kontrollverlust und Verhaltenskontrolle*. In Rink J (Hrsg): Die Suche nach der Kontrolle. Von der Abstinenzabhängigkeit zur Kontrollabhängigkeit, S. 14-23. Neuland, Geesthacht 2004

Uchtenhagen A (2004). *Einsamkeit und Gesundheit*. In Caritas Schweiz (Hrsg.) Sozialalmanach 2005. Schwerpunkt Einsamkeit (pp 159-171). Caritas Verlag, Luzern

Uchtenhagen A (2004). *Indikation – Wunsch und Wirklichkeit*. In KOSTE (Hrsg) Intake – Indikation – Triage (pp 13-17) KOSTE Bern

Uchtenhagen A (2003). *Neu-Orientierung der Medizin – was tut sich im internationalen Umfeld?* In Bircher J, Stauffacher W (Hrsg): Zukunft Medizin Schweiz, S. 162-170. Basel

Uchtenhagen A (2003). *Agonists or antagonists – or both ?* In Waal H, Haga E (Eds.) Maintenance treatment of heroin addiction. Evidence at the crossroads, pp. 138-151. Cappelen, Oslo

Uchtenhagen A (2003). *Best treatment options and practices for IDU with HIV/AIDS*. In: Rehm, J., Fischer, B., & Haydon, E. (2003). Reducing the risks, harms and costs of HIV/AIDS and injecting drug use: A synthesis of the evidence base for development of policies and programs. Ottawa: Health Canada.

Uchtenhagen A (2002). *Drug abuse treatment in the prison milieu: a review of the evidence*. In: Council of Europe (Ed) *Prisons, Drugs and Society*, pp. 79-98. Council of Europe, Strassburg

Final reports of research projects and working papers

Uchtenhagen A (2012). *Clinical relevance of diagnostic categories in ICD*. Working paper for the WHO expert group on ICD-11.

Uchtenhagen A, Schaub M (2011). *Minimum Quality Standards in Drug Demand Reduction EQUUS*. Final report to European Commission.

Uchtenhagen A (2009). *Policy Paper for the Introduction of Opioid Substitution Treatment in Lebanon*. Mandated by WHO Office for Eastern Mediterranean Region.

Uchtenhagen A (2009). *Guidelines for Opioid Substitution Treatment in Lebanon*. Mandated by WHO Office for Eastern Mediterranean Region.

Lawrinson P, Ali R, Uchtenhagen A et al. (2008). *The WHO Collaborative Study on Substitution Therapy for Opioid Dependence and HIV/Aids. Final Report.* World Health Organisation, Geneva

Uchtenhagen A, Schaub M (2008). *Monitoring and Evaluation Report on Opioid Substitution Treatment in Ukraine. 12-month outcomes.* Report to World Health Organisation, Regional Office for Europe, Copenhagen

Uchtenhagen A (2008). *Cannabis 2008. Update zum Cannabisbericht 1999.* Bericht zuhanden der Eidgenössischen Kommission für Drogenfragen.

Uchtenhagen A (2007). *UNODC Treatnet Project. Phase I Activities and Results.* Report to United Nations Office for Drugs and Crime.

Uchtenhagen A (2006). *Patient satisfaction in methadone maintenance treatment.* Working paper for World Health Organisation, Geneva

Uchtenhagen A (2006). *The Lisbon Agenda for Prisons. A position paper for prison reform.*

Uchtenhagen A, Schaaf S, Griching E, Frick U, Bock I (2006) : *Quasi-compulsory and compulsory treatment for drug dependent offenders in Europe.* Final report on quantitative evaluation for the European Commission, Brussels.

Uchtenhagen A, Ladjovic T, Rehm J (2005) : *Guidelines for psychosocially assisted pharmacological treatment of persons dependent of opioids. An analysis of existing guidelines.* A report to World Health Organisation, Geneva

Uchtenhagen A, Fischer B (2005). *Police strategies and training for the prevention of juvenile crime. A review of international practices of crime prevention with special regard to the role of drug use.* On behalf of the Ukrainian Ministry of Interior and the Swiss Cooperation Office (DEZA) in Kiev

Uchtenhagen A (2005). *Konzept für die ambulante Beratung und Behandlung von Alkohol- und Suchtproblemen durch Fachstellen im Kanton Zürich. Phase 1 : Qualitätsstandards, Leistungsanforderungen, Organisation der Versorgung.* Im Auftrag der Fachstellenkonferenz des Kantons Zürich FSKZ

Uchtenhagen A (Ed.), in collaboration with Ali R, Eap Ch, Farrell M, Mattick R, McLellan T, Rehm J, Simpson DD (2004) : *Methadone as a medicine in the management of opiate dependence.* A report to World Health Organisation, Geneva

Uchtenhagen A (2004) : *Schlussbericht der Kollektiven Expertise zur Sekundärprävention* (im Auftrag des Bundesamtes für Gesundheit BAG).

Uchtenhagen A, Zähringer S, Egli S (2003) : *Sicherstellung der Beratungs- und Behandlungsversorgung und Qualität bei den ambulanten Fachstellen für Alkoholprobleme in allen Regionen des Kantons Zürich* (Synthesebericht im Auftrag der Fachstellenkonferenz FSKZ).

Uchtenhagen A (2002). *Expertenbericht zur Reorganisation der Drogenhilfe im Kanton Schaffhausen.* Abschlussbericht an den Trägerverein VJPS.

Uchtenhagen A (2001). *Drug demand reduction in Roumania, legal and structural characteristics*. Report to World Health Organisation, Regional Office for Europe, Copenhagen